

## 2009 Lost Soul Ultra Splits & Transition Times

**100K**

Name:	Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
FEDDEMA, ADRIAN	119	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1: 06:14:56	00:38:00	00:00:00	01:18:40	00:01:01	00:47:31	00:01:06	01:56:44	00:03:29	00:37:57	00:01:48	00:48:40	00:06:53
<b>13:17:33.48</b>	Lap 2: 07:02:37	00:48:40	00:06:53	01:45:26	00:00:00	01:07:40	00:08:05	02:14:13	00:07:18	00:38:24	00:02:57	00:51:41	
FRASER, PHIL	121	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1: 06:46:16	00:37:11	00:00:00	01:21:34	00:01:22	00:51:42	00:01:41	02:08:30	00:01:25	00:39:06	00:00:00	01:03:45	00:02:12
<b>13:39:55.38</b>	Lap 2: 06:53:39	01:03:45	00:02:12	01:40:38	00:02:48	01:02:52	00:04:33	02:09:57	00:01:01	00:48:52	00:00:00	01:00:46	
MACLEOD, ROY	135	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1: 06:55:17	00:43:42	00:00:00	01:28:34	00:00:00	00:52:50	00:01:04	02:08:52	00:01:28	00:41:33	00:02:31	00:54:43	00:09:13
<b>16:04:33.03</b>	Lap 2: 09:09:16	00:54:43	00:09:13	02:10:57	00:03:33	01:21:23	00:07:32	02:58:02	00:06:47	00:57:27	00:01:54	01:12:28	
DESILETS, PHILIPPE	116	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1: 07:24:58	00:41:59	00:00:00	01:29:37	00:03:52	00:56:23	00:08:07	02:16:17	00:10:46	00:38:45	00:08:23	00:50:49	00:18:08
<b>16:14:39.28</b>	Lap 2: 08:49:41	00:50:49	00:18:08	01:50:49	00:14:00	01:11:46	00:10:36	02:44:49	00:13:29	00:52:40	00:09:06	01:04:18	
WELLER, PAULA	162	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1: 07:04:36	00:42:19	00:00:00	01:29:31	00:02:08	00:50:30	00:01:21	02:08:15	00:18:02	00:41:55	00:01:10	00:49:25	00:10:02
<b>16:35:09.75</b>	Lap 2: 09:30:33	00:49:25	00:10:02	01:54:34	00:30:33	01:02:24	00:22:01	02:50:59	00:21:46	01:08:31	00:06:48	01:02:55	
VANDONGEN, FRANK	159	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1: 08:28:17	00:49:17	00:00:00	01:47:29	00:04:57	01:00:48	00:09:08	02:31:31	00:11:54	00:44:51	00:08:18	01:00:04	00:27:06
<b>17:06:26.78</b>	Lap 2: 08:38:10	01:00:04	00:27:06	01:53:11	00:11:35	01:04:14	00:22:28	02:30:56	00:17:34	00:46:03	00:08:12	00:56:51	
FRIES, RANDY	122	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1: 07:38:37	00:48:18	00:00:00	01:34:17	00:00:59	00:56:55	00:02:13	02:19:53	00:04:58	00:45:46	00:07:12	00:58:06	00:39:46
<b>17:28:00.38</b>	Lap 2: 09:50:23	00:58:06	00:39:46	02:03:51	00:04:14	01:11:33	00:07:39	03:17:54	00:07:18	01:02:52	00:00:02	01:15:14	
MOREL, MICHAEL	142	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1: 07:44:46	00:41:11	00:00:00	01:29:22	00:03:07	00:55:12	00:02:04	02:33:24	00:05:39	00:47:58	00:02:43	01:04:06	00:17:35
<b>17:28:57.70</b>	Lap 2: 09:44:11	01:04:06	00:17:35	02:19:33	00:07:49	01:13:25	00:02:05	03:16:21	00:09:21	01:02:35	00:00:02	01:15:25	
ERICKSON, GEORGE	118	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1: 07:23:03	00:41:30	00:00:00	01:24:06	00:00:35	00:52:45	00:00:00	02:23:24	00:01:12	00:51:42	00:03:24	01:04:25	00:05:11
<b>17:28:58.66</b>	Lap 2: 10:05:55	01:04:25	00:05:11	02:40:58	00:10:56	01:23:11	00:02:35	03:15:43	00:09:22	01:02:59	00:00:02	01:14:58	

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Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
PARKER JODOIN, DAWNA		145	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	08:08:12	00:46:14	00:00:00	01:40:08	00:00:04	00:57:46	00:03:44	02:27:44	00:09:07	00:55:24	00:01:01	01:07:00	00:23:09
<b>17:29:48.19</b>	Lap 2:	09:21:36	01:07:00	00:23:09	02:18:35	00:09:32	01:08:45	00:06:45	02:48:21	00:11:06	01:02:26	00:03:59	01:08:58	
ROBERT, BRADLEY		149	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	08:17:51	00:46:07	00:00:00	01:27:58	00:02:32	01:07:20	00:05:03	02:45:13	00:04:32	00:48:38	00:05:39	01:04:49	00:07:58
<b>18:41:06.78</b>	Lap 2:	10:23:15	01:04:49	00:07:58	02:29:20	00:09:20	01:32:00	00:09:17	03:24:42	00:08:45	01:08:10	00:02:50	01:10:53	
BRINKHOF, JOS		107	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:08:39	00:40:34	00:00:00	01:30:56	00:02:18	00:57:02	00:11:13	02:48:19	00:06:47	00:46:07	00:04:21	01:01:02	00:27:55
<b>18:50:18.16</b>	Lap 2:	10:41:39	01:01:02	00:27:55	02:17:47	00:08:26	01:23:53	00:20:02	03:30:26	00:12:16	01:04:32	00:00:04	01:16:18	
GAUDET, DENIS		125	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:16:18	00:43:54	00:00:00	01:38:05	00:00:00	01:01:45	00:00:00	02:46:50	00:05:54	00:51:37	00:05:27	01:02:46	00:26:11
<b>18:50:44.91</b>	Lap 2:	10:34:27	01:02:46	00:26:11	02:13:09	00:16:01	01:18:53	00:17:11	03:29:35	00:12:07	01:04:39	00:00:02	01:16:39	
REIDT, DEAN		148	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:48:46	00:48:54	00:00:00	01:45:14	00:05:46	01:01:35	00:07:12	02:45:19	00:06:33	00:50:20	00:07:24	01:10:29	00:19:37
<b>19:02:50.22</b>	Lap 2:	10:14:04	01:10:29	00:19:37	02:09:54	00:07:25	01:18:32	00:11:31	03:21:43	00:12:06	01:04:45	00:02:02	01:26:29	
MCDONALD, BILL		139	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:00:05	00:46:30	00:00:00	01:53:09	00:08:43	01:05:44	00:17:32	02:46:49	00:14:47	00:46:47	00:01:56	00:58:08	00:28:26
<b>19:43:31.61</b>	Lap 2:	10:43:26	00:58:08	00:28:26	02:11:51	00:20:10	01:22:15	00:19:11	03:18:09	00:25:38	01:01:33	00:01:12	01:15:01	
KENNES, LEON		133	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	08:28:22	00:52:37	00:00:00	01:40:54	00:08:06	00:56:34	00:13:26	02:27:48	00:15:56	00:45:47	00:08:20	00:58:54	00:39:25
<b>19:44:03.81</b>	Lap 2:	11:15:42	00:58:54	00:39:25	02:06:36	00:17:34	01:12:41	00:24:12	03:17:50	00:29:05	01:09:26	00:17:44	01:21:09	
GARNER, WAYNE		124	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	09:04:13	00:51:26	00:00:00	01:52:32	00:07:34	01:09:15	00:08:18	02:41:13	00:08:19	00:50:43	00:06:44	01:08:09	00:09:49
<b>19:53:28.66</b>	Lap 2:	10:49:15	01:08:09	00:09:49	02:18:04	00:10:39	01:22:33	00:13:40	03:41:01	00:22:43	01:00:53	00:07:47	01:22:06	
VILLENEUVE, RON		160	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	09:20:38	00:49:00	00:00:00	01:47:44	00:06:05	01:09:30	00:07:48	02:55:52	00:07:56	00:55:10	00:06:21	01:15:12	00:25:56
<b>20:09:10.22</b>	Lap 2:	10:48:32	01:15:12	00:25:56	02:27:13	00:16:28	01:23:18	00:08:26	03:21:20	00:12:12	01:04:45	00:09:30	01:19:24	

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Name:	Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ		
GRAHAM, DAVID	126	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM50+M	Lap 1:	09:13:43	00:51:10	00:00:00	01:46:25	00:07:06	01:07:01	00:04:46	03:01:13	00:05:42	00:56:15	00:07:27	01:06:38	00:37:58
<b>20:18:42.55</b>	Lap 2:	11:04:59	01:06:38	00:37:58	02:17:04	00:12:46	01:30:36	00:13:37	03:31:41	00:17:30	01:07:07	00:02:08	01:14:32	
SNYDER, WYCKLEY	156	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49M	Lap 1:	08:41:54	00:48:39	00:00:00	01:50:29	00:04:34	01:09:05	00:03:01	02:41:55	00:05:17	00:48:35	00:05:57	01:04:22	00:31:23
<b>20:25:20.38</b>	Lap 2:	11:43:26	01:04:22	00:31:23	02:37:58	00:09:12	01:37:01	00:12:21	03:45:21	00:08:49	01:09:07	00:09:06	01:23:08	
JANBAKSHSH, PAYMAN	131	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49M	Lap 1:	09:12:36	00:48:22	00:00:00	01:44:40	00:00:35	01:11:27	00:07:38	03:08:53	00:03:08	00:54:44	00:05:13	01:07:56	00:09:18
<b>21:25:38.66</b>	Lap 2:	12:13:02	01:07:56	00:09:18	02:46:43	00:09:33	01:34:47	00:10:19	03:50:52	00:13:44	01:31:53	00:05:40	01:40:13	
LAZAR, LOUIS	134	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49M	Lap 1:	08:11:14	00:49:25	00:00:00	01:34:46	00:00:00	01:00:08	00:03:12	02:31:12	00:06:10	00:50:15	00:12:32	01:03:34	00:55:55
<b>21:49:54.75</b>	Lap 2:	13:38:40	01:03:34	00:55:55	02:06:58	00:08:36	01:27:06	00:09:53	04:04:03	01:05:04	01:25:01	00:14:21	02:01:43	
TOWNS, STEVE	157	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49M	Lap 1:	08:23:59	00:44:31	00:00:00	01:32:29	00:03:06	00:53:52	00:06:29	02:35:16	00:09:54	00:57:23	00:08:01	01:12:58	02:47:42
<b>22:02:35.22</b>	Lap 2:	13:38:36	01:12:58	02:47:42	02:08:32	00:06:51	01:27:26	00:15:06	03:47:11	00:09:35	01:12:59	00:04:37	01:38:37	
JOHANSEN, KAREN	132	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49F	Lap 1:	09:38:40	00:55:39	00:00:00	02:02:14	00:08:42	01:12:51	00:05:12	02:59:22	00:09:45	00:51:08	00:05:00	01:08:47	00:18:45
<b>23:14:46.62</b>	Lap 2:	13:36:06	01:08:47	00:18:45	02:33:24	00:18:45	01:49:21	00:26:31	04:40:39	00:34:53	01:22:42	00:04:10	01:26:56	
BAYLIS, LESLIE	102	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49F	Lap 1:	09:21:39	00:46:48	00:00:00	01:37:20	00:03:25	01:01:40	00:07:43	02:57:06	00:23:21	00:51:08	00:00:00	01:33:08	00:26:37
<b>23:14:48.81</b>	Lap 2:	13:53:10	01:33:08	00:26:37	02:38:55	00:22:17	01:48:40	00:28:40	04:14:23	00:59:27	01:19:08	00:12:32	01:22:31	
MILES, MARGARET	140	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49F	Lap 1:	09:21:38	00:46:52	00:00:00	01:38:58	00:05:29	01:07:37	00:15:27	03:01:17	00:07:44	00:59:11	00:05:53	01:13:10	00:26:01
<b>23:14:50.53</b>	Lap 2:	13:53:12	01:13:10	00:26:01	02:39:51	00:21:34	01:48:57	00:27:21	04:15:46	00:58:21	01:20:13	00:12:43	01:22:25	
SIMPSON, KAY	155	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	
100KM18-49F	Lap 1:	09:22:10	00:51:08	00:00:00	01:43:34	00:01:32	01:10:47	00:03:54	03:05:07	00:07:19	00:59:25	00:05:52	01:13:32	00:22:49
<b>23:15:24.91</b>	Lap 2:	13:53:15	01:13:32	00:22:49	02:43:25	00:17:34	01:52:45	00:12:14	04:54:03	00:35:02	01:23:43	00:04:54	01:26:46	

## 2009 Lost Soul Ultra Splits & Transition Times

**100K**

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
FELLER, RICHARD		120	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	10:25:48	00:56:47	00:00:00	02:02:55	00:03:55	01:17:41	00:11:20	03:15:58	00:08:20	01:04:01	00:04:23	01:20:28	00:40:56
<b>23:17:10.06</b>	Lap 2:	12:51:22	01:20:28	00:40:56	02:41:35	00:16:53	01:39:27	00:10:15	04:16:27	00:10:39	01:12:58	00:05:11	01:37:01	
DEBLOIS, CATHERINE		115	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	10:46:40	00:53:22	00:00:00	01:58:06	00:06:22	01:18:12	00:06:49	03:33:08	00:14:59	01:05:11	00:08:11	01:22:20	00:19:49
<b>23:58:22.72</b>	Lap 2:	13:11:42	01:22:20	00:19:49	02:41:16	00:20:15	01:43:53	00:20:27	04:26:24	00:19:43	01:16:28	00:05:32	01:37:55	
BRYANT, JEFF		108	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	10:45:38	00:53:23	00:00:00	01:58:07	00:06:15	01:18:09	00:06:50	03:31:47	00:16:23	01:05:16	00:08:05	01:21:23	00:20:58
<b>23:58:25.06</b>	Lap 2:	13:12:47	01:21:23	00:20:58	02:41:14	00:20:07	01:44:06	00:20:22	04:23:09	00:23:09	01:16:16	00:05:30	01:37:56	
BOURDON-HARRIS, MARQUISE		106	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:44:14	01:04:27	00:00:00	02:20:18	00:03:46	01:26:41	00:03:07	03:20:29	00:06:32	01:01:47	00:02:44	01:14:23	00:32:01
<b>24:11:36.31</b>	Lap 2:	13:27:22	01:14:23	00:32:01	02:48:36	00:17:57	01:56:40	00:14:28	04:27:34	00:12:49	01:25:12	00:03:02	01:29:03	
HARRIS, STEPHEN		128	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	10:44:16	01:04:29	00:00:00	02:20:18	00:03:45	01:26:59	00:03:00	03:20:21	00:06:19	01:01:57	00:03:02	01:14:06	00:32:01
<b>24:11:37.09</b>	Lap 2:	13:27:21	01:14:06	00:32:01	02:48:38	00:18:22	01:56:32	00:14:22	04:27:24	00:12:41	01:25:21	00:03:02	01:28:58	
HOLMSTROM, CHUCK		129	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	09:52:28	00:52:58	00:00:00	01:53:06	00:01:51	01:09:01	00:11:49	03:00:27	00:13:59	01:02:53	00:06:00	01:20:24	00:23:33
<b>24:12:45.22</b>	Lap 2:	14:20:17	01:20:24	00:23:33	02:47:01	00:17:54	01:37:03	00:25:44	04:33:21	00:46:22	01:30:02	00:19:23	01:39:54	
PAISLEY, BILL		144	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	10:36:00	00:46:57	00:00:00	01:57:00	00:04:16	01:18:23	00:15:10	03:20:40	00:18:12	01:02:37	00:10:48	01:21:57	00:59:37
<b>24:28:14.28</b>	Lap 2:	13:52:14	01:21:57	00:59:37	02:57:39	00:23:04	01:50:08	00:19:23	04:23:55	00:23:24	01:22:38	00:03:31	01:08:55	
MYNDIO, CHRISTINA		143	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:		00:53:14	00:00:00	02:11:13	00:05:51	01:17:32	00:10:49	03:29:21	00:19:51	01:04:11	00:10:54	01:25:09	00:28:25
<b>25:36:11.31</b>	Lap 2:				11:20:19	00:28:11	01:57:32	00:29:27	04:43:19	00:31:00	01:12:52	00:13:02	01:18:09	
HAGEN, WADE		127	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	11:08:12	00:51:23	00:00:00	02:08:54	00:06:05	01:21:25	00:08:37	03:31:40	00:19:51	01:04:01	00:11:04	01:25:12	00:28:23
<b>25:36:15.38</b>	Lap 2:	14:28:03	01:25:12	00:28:23	03:06:10	00:28:20	01:57:21	00:29:22	04:43:45	00:31:49	01:11:59	00:12:29	01:18:25	

## 2009 Lost Soul Ultra Splits & Transition Times

**100K**

Name:		Bib:	HQ		Peen		Pavan		Pavan		Peen		HQ	
ROMSES, RAYMOND		150	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+M	Lap 1:	11:27:38	00:52:05	00:00:00	02:03:13	00:02:08	01:26:25	00:15:28	03:39:00	00:24:10	01:16:13	00:06:05	01:22:51	00:52:30
<b>25:40:01.16</b>	Lap 2:	14:12:23	01:22:51	00:52:30	03:13:51	00:22:38	02:07:56	00:45:56	04:00:30	00:12:25	01:13:51	00:00:15	01:22:31	
BEDARD, ANITA		103	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	10:41:49	00:56:38	00:00:00	02:02:39	00:05:12	01:19:09	00:09:13	03:15:55	00:15:07	01:06:39	00:07:24	01:23:53	00:54:27
<b>25:43:16.30</b>	Lap 2:	15:01:27	01:23:53	00:54:27	02:53:15	00:19:34	01:44:39	00:30:09	04:38:58	00:49:40	01:24:08	00:09:47	01:36:50	
CROWE, EVELYN		112	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:11:36	00:55:52	00:00:00	02:10:07	00:04:20	01:23:31	00:09:48	03:44:06	00:00:00	01:19:25	00:08:50	01:15:37	00:24:45
<b>25:43:24.75</b>	Lap 2:	14:31:48	01:15:37	00:24:45	02:53:15	00:19:24	01:44:52	00:30:05	04:38:55	00:49:37	01:24:14	00:09:33	01:37:08	
CAMERON, JAKE		109	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	11:57:05	01:05:05	00:00:00	02:22:17	00:08:24	01:26:42	00:12:04	03:30:33	00:18:44	01:03:41	00:26:09	08:34:45	00:22:07
<b>26:32:27.56</b>	Lap 2:	14:35:22	08:34:45	00:22:07	02:54:58	00:32:30	01:49:28	00:42:10	04:26:35	00:19:50	01:18:58	00:31:24	01:37:22	
RUSCHIN, TRACEY		152	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49F	Lap 1:	11:57:10	01:05:04	00:00:00	02:22:17	00:08:28	01:26:45	00:12:11	03:30:23	00:18:44	01:03:41	00:26:12	08:34:50	00:22:07
<b>26:32:33.50</b>	Lap 2:	14:35:23	08:34:50	00:22:07	02:54:49	00:32:31	01:49:37	00:42:00	04:26:43	00:19:44	01:18:55	00:31:39	01:37:18	
BELL, MARY		104	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	11:31:04	00:58:45	00:00:00	02:18:04	00:04:13	01:25:26	00:05:49	03:35:59	00:10:54	01:08:22	00:07:09	01:36:23	00:16:50
<b>26:45:58.50</b>	Lap 2:	15:14:54	01:36:23	00:16:50	03:29:13	00:08:01	02:11:58	00:16:12	05:15:53	00:16:25	01:33:01	00:03:49	01:43:32	
SAARI, JOHN		153	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	10:34:27	00:52:02	00:00:00	01:57:51	00:01:44	01:21:49	00:04:31	03:28:21	00:10:54	01:07:40	00:05:10	01:24:25	00:08:26
<b>26:56:36.47</b>	Lap 2:	16:22:09	01:24:25	00:08:26	03:02:59	00:31:46	01:55:03	00:15:18	06:39:37	00:06:18	01:34:07	00:09:19	01:59:16	
IWAASA, COLE		130	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM18-49M	Lap 1:	11:57:00	00:52:22	00:00:00	02:15:23	00:05:01	01:37:24	00:05:43	04:26:03	00:13:31	01:08:08	00:03:44	08:34:40	00:22:03
<b>28:07:28.81</b>	Lap 2:	16:10:29	08:34:40	00:22:03	03:03:16	00:23:28	02:04:20	00:38:31	05:43:39	00:13:12	01:33:18	00:13:15	01:55:27	
CLARK, LINDA		111	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition	Split	Transition
100KM50+F	Lap 1:	13:34:58	01:00:32	00:00:00	02:37:50	00:02:54	01:53:06	00:06:38	04:40:52	00:08:25	01:21:17	00:05:55	10:12:38	00:19:11
<b>28:07:31.47</b>	Lap 2:	14:32:33	10:12:38	00:19:11	03:31:24	00:11:02	02:06:32	00:12:04	04:56:30	00:07:21	01:17:29	00:08:45	01:42:15	



